

West Campus Chronicle

DECEMBER 2022 MINI EDITION

TEACHER
FEATURE: MRS.
WHITEHEAD
PAGE 4



IMAGE: KEITH COLES

ALWAYS THE
RIGHT TIME FOR
BOBA
PAGE 2



IMAGE: KEITH COLES

THANK YOU
TO THE WEST
CAMPUS
FOUNDATION
OF
EXCELLENCE
FOR THEIR
SUPPORT!

RALLY GO!

By Giada Bhan (9)

Before the break, school let out with a bang by hosting a winter rally. The theme? Pokémon.

Rally decorations started two Fridays before the rally. Students gathered all their knowledge from their childhood Pokémon obsession to design their class posters. Each poster was filled with every Pokémon to exist in the colors of yellow, blue, red, and green. Julia Kehoe, junior class president, shared her thoughts going into rally week. "I feel good about this next rally! I know class participation is going to be really high, but I also know that the seniors are coming for revenge."

And indeed they were. Agnes Kong, senior class senator, said that "placing third was a real wake-up call" and that the seniors really put in the work for this rally to make sure third was not an option. Monday kicked off the spirit week by inviting students to dress as they did back in their days of Zoom: formal on top, pajamas on the bottom. The lunch game was Card Hunt, where teams of two hopped with their feet in a sack and their teammate collected as many Pokémon cards as possible. The seniors won, taking an early lead with the juniors right behind.



IMAGE: KEITH COLES

Sophomores won the class dodgeball game on Tuesday, inching closer to stealing second place from the juniors. Students showed their spirit by dressing as their romantic or Pokémon type.

10th graders also won the Wednesday quad game, Pin the Tail on the Pikachu, bringing them up to second place ahead of

the juniors. Adam Sandler look-alikes flooded the school for Adam Sandshrew day.

The Blue Crew continued to dominate the quad games on Thursday by correctly guessing how many gummy worms, or "Caterpies", were in the jar twice. Students dressed up similarly with their friend groups, or their "Squirtle Squads".

"These whole two weeks have felt like a fever dream," said Miriya Yeung, sophomore class vice president. "But I know that rally day is going to be super fun." When Friday finally arrived, West Campus alumni showed up to judge.

The first game was "Ride Squirtle's Waves" where one person sat on top of an upside-down folding table as 9 others rolled to move the table across the length of the gym. The juniors and sophomores advanced to the finals, with the juniors taking the crown.

The next game was "Got What it Takes to be a Trainer?". In this game, one teammate had to jump rope with a hula hoop to their other teammate, pop three balloons without using their hands, then jump rope back. The freshmen won for the first time that week. The 9th- grade class was ecstatic.

Before announcing the results of the rally, all the classes exchanged gifts for the holidays. The officers got paint, paintbrushes, and yardsticks, the perfect tools for the next rally.

The time had come to announce the results. Seniors won the rally reviving their reputation as rally stars, followed by the juniors, sophomores, and freshmen. Go Green Nation!



IMAGE: GIADA BHAN

SPONSORED BY SNOWBEES

By Maggie Kinikin

Over the last couple months we have had two amazing fundraisers at Snowbee's. Did you go? On November eleventh and twelfth the class of 2026 held the first

Snowbee's fundraiser of the year. On Thursday December eighth The classes of 2024 and 2025 Held the second fundraiser. For both of them 20% of the proceeds made during that time period went to the classes.

Raising money to support our classes is so important. Everyone has seen what the student councils for each class, and what ASB in general does for our school. From organizing all of these fundraisers to making the rallies memorable for everyone. ASB is always doing something to better our experience at West Campus.

Because of all the support given for the Snowbees fundraiser the class of 2026 raised 172 dollars. The classes of 2024 and 2025 raised 160 dollars combined. Thank you to everyone who supported any of the classes in this fundraiser. See you next fundraiser!



IMAGE: KEITH COLES



IMAGE: KEITH COLES

❄️ SANTA RUINED YOUR CHILDHOOD ❄️

By Destanee Ballinger

You know the old fat man with a red suit right; Santa, of course. Presumably, you know that Santa isn't real. The North Pole, the reindeers, the elves, all fake. So in other words half of your childhood was built on lies.

According to a CNN article, 85% of children in the US are told about this mystic man and around age 8 the truth unfolds. Now think about the cardinal rule we're taught as children: Don't lie. Ironic how we're told to not lie, lying is bad, etc. yet parents orchestrate the biggest lie of all time. Hypocritical I know.

Santa teaches children that it is ok to lie in some sense. I'm not going to dive into the nitty gritty of child psychology but let's think about the basic principle; from the time you were

very very young you're made to believe in this magic world. We all looked forward to it. Counting down days till Christmas and even before that excitement painted our world. Though shortly thereafter, it turns out it was all a hoax. Therefore good emotions are associated with a lie from a critical time of development.

I'm not saying that Santa makes us all inherently liars, or that parents are at fault, because Santa makes life magical. Many core memories are often attached to Christmas time. Just think twice when you think of the myth of Santa as an all righteous, all positive component of childhood.



IMAGE: CLIPART LIBRARY

IT'S THE MOST UNSUSTAINABLE TIME OF THE YEAR

By Alina Danchin (9)

The holidays can be a wonderful time-but think about all the waste that families could be producing as well. Americans throw away 25% more trash during the holiday season compared to any other time of year. That adds up to 25 million tons of garbage. Some forms of waste could be thrown away leftovers from big meals, excess packaging from new gifts or wrapping paper, and the overuse of electricity for Christmas lights.

The first holiday on the list is Thanksgiving where families join each other for a big feast. According to ReFed-a non-profit organization working to end food waste-in 2021, about 305 million pounds of food went to waste on Thanksgiving alone. The first thing you could to reduce your carbon footprint would be to estimate how much food will be needed for the amount of guests you'll be serving. You could also utilize every part of the ingredients used. Leftover food scraps can be composted and put into your green waste bin or used as fertilizer for

your plants.

Next up is Christmas, the biggest waste producer. The same suggestions hitherto could be applied to any Christmas meals. It's perfectly okay to buy gifts secondhand which is much more sustainable. Experiences or services could also be gifted instead. Glossy wrapping paper can't be recycled so you could use plain paper, newspaper, or reuse gifts bags or boxes for presents. Christmas lights can be fun but consider only having them on for a small amount of time to conserve energy. If you have any eco-lovers you could gift them eco-friendly items and I'm sure they'd love them!



IMAGE: DAYTRIPPINGROC.COM

WINTER OR SUMMER? BY TYLER RAY

EDITORS: AMELIA FUNG
AND JULIA KEHOE

WRITERS: DESTANEE
BALLINGER, CLAYDEN
SHENNEN, SUJEY FARIAS,
TYLER RAY, MAGGIE
KINIKIN, ALEXANDER
ZEPEDA, GRACIE MILLER
SEGURA, ALINA DANCHIN,
GIADA BHAN

PHOTOGRAPHERS: KEITH
COLES AND GRACIE
MILLER SEGURA

ADVISOR: MRS.
WHITEHEAD

As the temperature drops and the days become shorter, many people are beginning to feel the effects of winter. While winter is often associated with cold weather, snow, and holidays, summer is typically associated with warm weather, long days, and vacations. One of the most noticeable differences between winter and summer is the temperature.

During the winter, the temperature often drops to almost below freezing, making it necessary to wear warm clothes and stay indoors to avoid the cold. In contrast, during the summer, the temperature is often warm or hot, and people often wear light clothing and spend more time outside.

Another major difference between the two seasons is the amount of daylight. In the winter, the days are shorter, and the sun sets earlier, while in the summer, the days are longer, and the sun sets later. This can affect people's moods and behavior, as many people find that they are more active and energetic during the summer when the days are longer.

Finally, the activities and events that are associated with each season also differ. In the winter, people often participate in activities like skiing, ice skating, and building snowmen, while in the summer, people often go to the beach, go swimming, and have barbecues.

Overall, while winter and summer are different in many ways, both seasons have their own unique charm and appeal. Whether you prefer the cold, snowy days of winter or the warm, sunny days of summer, there is something for everyone to enjoy. This poses the question: Winter or Summer?



IMAGE: KEITH COLES

TEACHER FEATURE: MRS. WHITEHEAD

By Julia Kehoe and Keith Coles

Mrs. Whitehead is West Campus's very own multi-talented yearbook and art teacher. She teaches four different classes: art, advanced art, AP Art, and Yearbook. She has taught at Kit Carson High School in the past but moved to a full time position here at West Campus. At first, she was not sure about teaching high school students, but she quickly changed her mind. She looks forward to the creativity that is brought every day by her students. "If we are not having fun there is something wrong." states Mrs. Whitehead when referencing a day in her classroom.

Furthermore, Mrs. Whitehead is the new advisor of the up and coming Horror club. She loves to spend time on the weekends watching movies, and it's always a treat when she can enjoy a whole movie without interruptions. She is also the advisor of the Photography Club, which is also a new edition to West Campus this year.

Mrs. Whitehead loves to translate her past into her current art and what she teaches to her students. She had a focus on architecture during college, so one of her favorite subjects is buildings. She also enjoys drawing and painting people. Her favorite mediums are acrylic and watercolor paint which she incorporates into some of the first art projects of the year for her art students.

OLD FASHIONED COMPETITION

Old Sac Mini Golf
1028 Second Street
Instagram: @sacminigolf

Sacramento is limited on what there is to do to pass the time especially in the warmer weather. This hidden gem is great for any time of the year but you'll have to find it first. Tucked in the basement of an Old Sacramento building there's few signs that will lead you to this California themed mini golf course. Sacramento has supported its small business with grants that are easy to apply for and make all the difference for an upstarting company. Sac Mini Golf was chosen and put the grant to good use. The two men who designed the course made it fit perfectly into the Old Sacramento environment. Hiring local artists including Hollywood Haunter, a family team, and Matthew Lewis Trammel to create the sets and murals. Throughout the 18 holes there are different themes that take you up and down the coast of California with the beautiful and detailed murals that line the walls. Opening just a year before the Covid-19 pandemic, they have struggled gaining the momentum that is deserved. The creators take part in many giveaways and promotions to get the word out about their small business. Birthdays, field trips and groups large and small are able to come and enjoy this mini golf course no matter their skill level.



IMAGE: FACEBOOK



IMAGE: ABC.COM



IMAGE: SACTOWN.COM